

Dear children,

We hope you are all well and keeping safe by:

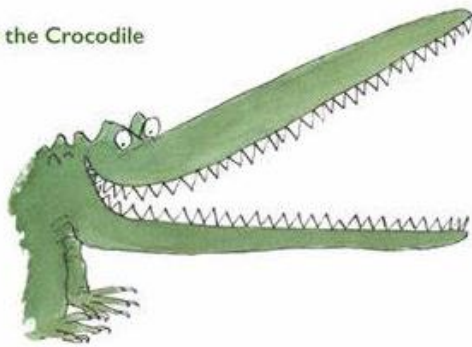
- Staying at home.
- Washing your hands for 20 seconds using the 6 steps learnt at school.
- Following instructions from your parents or whoever is looking after you.

We are also working from home and are following government guidelines, so that our families and we are safe. We are very busy planning new activities for you for the following week.

Have you been doing the different activities from the Home Learning Pack? Don't forget to read some Roald Dahl books. Here is one of our favourite poems written by Roald Dahl.

The crocodile, with cunning smile, sat in the dentist's chair.  
He said, "Right here and everywhere my teeth require repair."  
The dentist's face was turning white. He quivered, quaked and shook.  
He muttered, "I suppose I'm going to have to take a look."


The Dentist and the Crocodile  
By Roald Dahl




What do you think happened next in the poem? Did the dentist look inside the crocodile's mouth? What happened to the dentist?

You can practise your handwriting using this verse. Don't forget correct letter formation and joining the letters.


Here is a word search for you to complete.

 **ROALD DAHL CHARACTERS** 

G	R	A	N	D	H	I	G	H	W	I	T	C	H	M
T	V	G	V	R	T	Z	D	I	V	Y	T	R	Q	I
H	N	F	A	K	V	N	U	B	A	C	T	I	J	S
U	M	S	N	C	K	K	L	K	V	M	M	T	I	S
X	A	H	N	X	R	G	N	X	L	R	D	I	G	T
W	T	I	U	T	E	O	O	W	Z	T	R	F	C	R
C	I	H	A	X	W	A	G	H	E	W	B	P	W	U
X	L	V	G	Y	L	Z	I	L	R	I	C	G	O	N
Y	D	X	L	O	G	D	E	V	S	T	H	E	R	C
K	A	L	Q	M	T	I	B	E	S	X	A	O	X	H
T	I	D	J	Y	U	O	M	Z	H	N	R	R	Z	B
W	U	A	A	C	A	A	R	S	J	O	L	G	T	A
H	O	N	Z	C	J	G	F	X	J	V	I	E	L	L
S	R	N	S	P	D	A	O	Y	S	X	E	A	U	L
M	I	Y	F	Y	D	K	X	I	Z	D	S	C	I	M

 **BFG**  
**CHARLIE**  
**DANNY**  
**GEORGE**  
**GRAND HIGH WITCH**  
**JAMES**

**MATILDA**  
**MISS TRUNCHBALL**  
**MR FOX**  
**MR TWIT**  
**WILLY WONKA**



To make sure you are healthy, you need to exercise every day! Here is a fun activity for you to do:

# what's FIT activity FOR kids your name!

SPELL OUT YOUR FULL NAME AND COMPLETE THE ACTIVITY LISTED FOR EACH LETTER. FOR A GREATER CHALLENGE INCLUDE YOUR MIDDLE NAME & DO EACH ONE TWICE! FOR VARIETY YOU CAN USE A FAVORITE CHARACTER'S NAME OR A FAMILY MEMBER'S NAME.

- |   |  |
|---|--|
| <b>A</b> jump up & down 10 times                      | <b>N</b> pick up a ball without using your hands                   |
| <b>B</b> spin around in a circle 5 times              | <b>O</b> walk backwards 50 steps and skip back                     |
| <b>C</b> hop on one foot 5 times                      | <b>P</b> walk sideways 20 steps and hop back                       |
| <b>D</b> run to the nearest door and run back         | <b>Q</b> crawl like a crab for a count of 10                       |
| <b>E</b> walk like a bear for a count of 5            | <b>R</b> walk like a bear for a count of 5                         |
| <b>F</b> do 3 cartwheels                              | <b>S</b> bend down and touch your toes 20 times                    |
| <b>G</b> do 10 jumping jacks                          | <b>T</b> pretend to pedal a bike with your hands for a count of 17 |
| <b>H</b> hop like a frog 8 times                      | <b>U</b> roll a ball using only your head                          |
| <b>I</b> balance on your left foot for a count of 10  | <b>V</b> flap your arms like a bird 25 times                       |
| <b>J</b> balance on your right foot for a count of 10 | <b>W</b> pretend to ride a horse for a count of 15                 |
| <b>K</b> march like a toy soldier for a count of 12   | <b>X</b> try and touch the clouds for a count of 15                |
| <b>L</b> pretend to jump rope for a count of 20       | <b>Y</b> walk on your knees for a count of 10                      |
| <b>M</b> do 3 somersaults                             | <b>Z</b> do 10 push-ups  |

CONSULT A DOCTOR BEFORE STARTING AN EXERCISE PROGRAM - [WWW.THEYSMELL.COM](http://WWW.THEYSMELL.COM)

We will write to you again soon!

Yours Sincerely,

Mrs Chima and Miss Chatrath.