



MENU – WEEK 1

MONDAY

MAIN	Lamb Bolognaise with Spaghetti
HALAL MAIN	Halal Lamb Bolognaise with Spaghetti
VEGETARIAN MAIN	Spinach & Pesto Sauce with Spaghetti
PASTA OR JACKET	Baked Jackets with Baked Beans
TO GO WITH	Broccoli & Sweetcorn
DESSERT	Chocolate & Courgette Sponge

TUESDAY

MAIN	Chicken Tikka Curry with Steamed Rice
HALAL MAIN	Halal Chicken Tikka Curry with Steamed Rice
VEGETARIAN MAIN	Vegetable Pasanda Curry with Steamed Rice
PASTA OR JACKET	Pasta with Tomato & Basil Sauce
TO GO WITH	Steamed Peas & Cauliflower
DESSERT	Vanilla Ice Cream

WEDNESDAY

MAIN	Roast Chicken with Roast Potatoes & Gravy
HALAL MAIN	Halal Roast Chicken with Roast Potatoes & Gravy
VEGETARIAN MAIN	Mac N' Cheese with Garlic Bread
PASTA OR JACKET	Baked Jackets with Baked Beans
TO GO WITH	Carrots & Seasonal Greens
DESSERT	Banana Flapjack

WEEK 1:

5TH JAN, 26TH JAN, 16TH FEB, 9TH MAR, 30TH MAR, 20TH APR, 11TH MAY, 1ST JUN,
22ND JUN, 13TH JUL, 31ST AUG, 21ST SEPT, 12TH OCT, 2ND NOV, 23RD NOV, 14TH DEC

THURSDAY

MAIN	Chicken & Vegetable Paella
HALAL MAIN	Halal Chicken & Vegetable Paella
VEGETARIAN MAIN	Vegan Meatballs in a Roasted Tomato & Basil Sauce with Pasta
PASTA OR JACKET	Baked Jackets with Baked Beans
TO GO WITH	Roasted Carrots & Sweetcorn
DESSERT	Iced Lemon Cake with Sprinkles

FRIDAY

MAIN	Fish Fingers, Chips & Ketchup
VEGETARIAN MAIN	Baked Crispy Vegetable Fingers & Garlic Mayo Wrap with Chips
PASTA OR JACKET	Baked Jackets with Baked Beans
TO GO WITH	Baked Beans & Peas
DESSERT	Maryland Cookie

ALSO AVAILABLE EVERY DAY

Pabulum Salad Bar
Wholemeal Bread
Courgette & Tomato Bread

Fresh Fruit
Yoghurt
Jelly

BM3HALALNONJAMESSELLIMAN
JANUARY 2026





MENU – WEEK 2

MONDAY

MAIN	Grilled Chicken with Mashed Potatoes & Gravy
HALAL MAIN	Halal Grilled Chicken with Mashed Potatoes & Gravy
VEGETARIAN MAIN	Vegan Sausage with Mashed Potatoes & Gravy
PASTA OR JACKET	Pasta with Tomato & Basil Sauce
TO GO WITH	Steamed Peas & Carrots
DESSERT	Marble Sponge with Custard

TUESDAY

MAIN	Homemade BBQ Chicken Pizza with Spiced Baked Wedges
HALAL MAIN	Halal Homemade BBQ Chicken Pizza with Spiced Baked Wedges
VEGETARIAN MAIN	Homemade Margherita Pizza with Spiced Baked Wedges
PASTA OR JACKET	Baked Jackets with Baked Beans or Salmon Mayonnaise
TO GO WITH	Spiced Roasted Cauliflower & Broccoli
DESSERT	Apple & Carrot Flapjack

WEDNESDAY

MAIN	Roast Turkey with Gravy
HALAL MAIN	Halal Roast Turkey with Gravy
VEGETARIAN MAIN	Vegan Spiced Squash & Potato Samosa
PASTA OR JACKET	Pasta with Tomato & Vegetable Sauce
TO GO WITH	Roast Potatoes, Broccoli & Carrots
DESSERT	Fruit Jelly

WEEK 2:

12TH JAN, 2ND FEB, 23RD FEB, 16TH MAR, 6TH APR, 27TH APR, 18TH MAY, 8TH JUN, 29TH JUN, 20TH JUL, 7TH SEPT, 28TH SEPT, 19TH OCT, 9TH NOV, 30TH NOV, 21ST DEC

THURSDAY

MAIN	Chicken Biryani
HALAL MAIN	Halal Chicken Biryani
VEGETARIAN MAIN	Vegan Vegetable Biryani
PASTA OR JACKET	Wholemeal Pasta with Squash & Tomato Sauce
TO GO WITH	Corn on the Cob & Roasted Carrots
DESSERT	Homemade Strawberry Cheesecake

FRIDAY

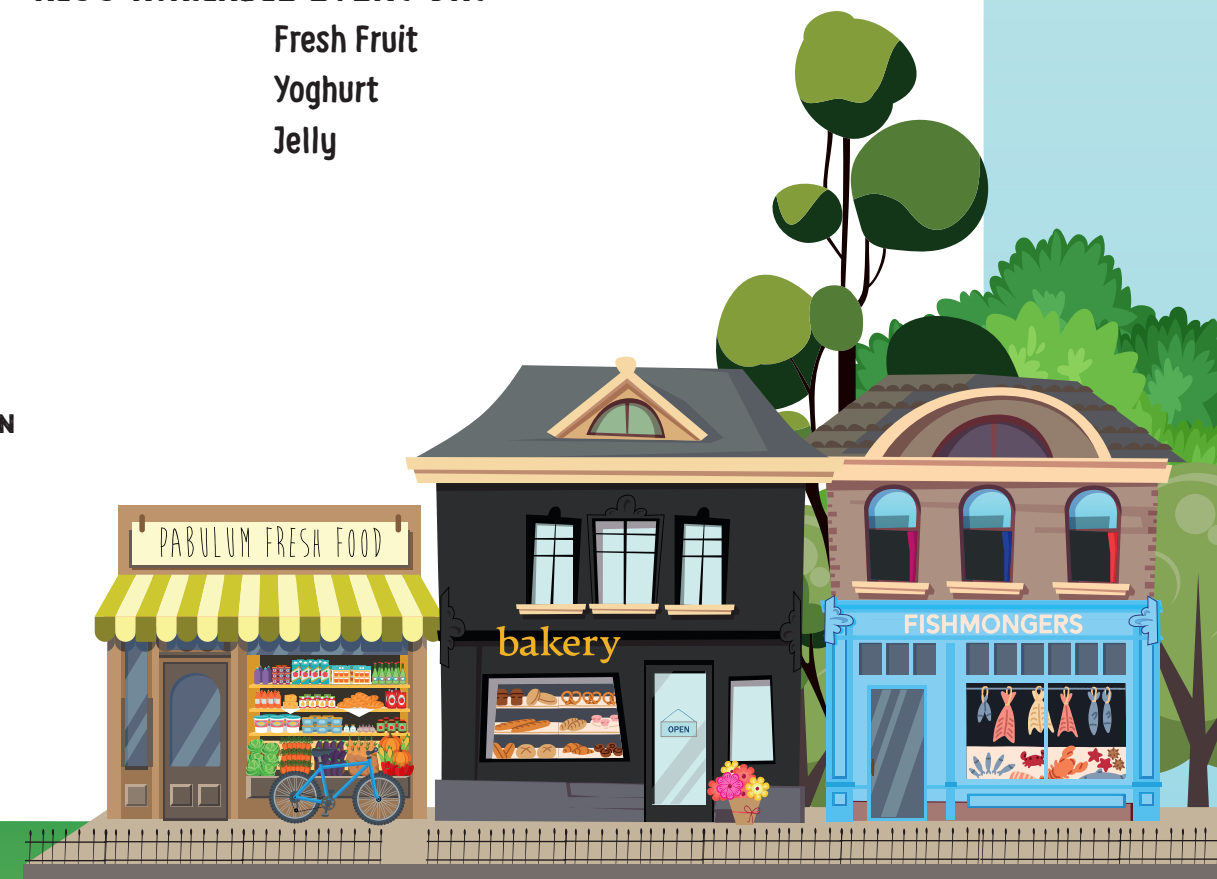
MAIN	Fish Fingers, Chips & Ketchup
VEGETARIAN MAIN	Vegan Quorn Nuggets with Chips & Ketchup
PASTA OR JACKET	Baked Jackets with Baked Beans
TO GO WITH	Baked Beans & Peas
DESSERT	Vanilla Ice Cream

ALSO AVAILABLE EVERY DAY

Pabulum Salad Bar
Wholemeal Bread
Garlic & Herb Bread

Fresh Fruit
Yoghurt
Jelly

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MENU – WEEK 3

MONDAY

- MAIN**
- HALAL MAIN**
- VEGETARIAN MAIN**
- PASTA OR JACKET**
- TO GO WITH**
- DESSERT**

TUESDAY

- MAIN**
- HALAL MAIN**
- VEGETARIAN MAIN**
- PASTA OR JACKET**
- TO GO WITH**
- DESSERT**

WEDNESDAY

- MAIN**
- HALAL MAIN**
- VEGETARIAN MAIN**
- PASTA OR JACKET**
- TO GO WITH**
- DESSERT**

WEEK 3:

19TH JAN, 9TH FEB, 2ND MAR, 23RD MAR, 13TH APR, 4TH MAY, 25TH MAY, 15TH JUN, 6TH JUL, 27TH JUL, 14TH SEPT, 5TH OCT, 26TH OCT, 16TH NOV, 7TH DEC

THURSDAY

- MAIN**
- HALAL MAIN**
- VEGETARIAN MAIN**
- PASTA OR JACKET**
- TO GO WITH**
- DESSERT**

FRIDAY

- MAIN**
- VEGETARIAN MAIN**
- PASTA OR JACKET**
- TO GO WITH**
- DESSERT**

ALSO AVAILABLE EVERY DAY

- Pabulum Salad Bar
- Wholemeal Bread
- Carrot & Beetroot Bread

- Fresh Fruit
- Yoghurt
- Jelly

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